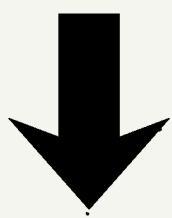


Study by The Center of Bible Engagement polled 40,000 people, ages 8 to 80, to assess how we engage with Scripture.

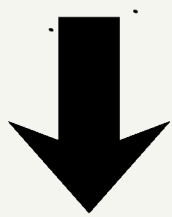
People who read the Bible four or more times per week:



30%

FEELING LONELY DROPS

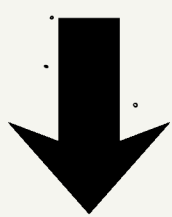
Regular engagement with Scripture helps people feel more connected—to God and to others. As biblical truth shapes the heart, the sense of isolation begins to fade.



32%

ANGER ISSUES DROPS

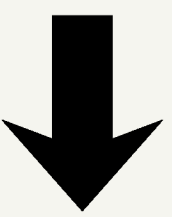
The more people consistently interact with God's Word, the more self-control and patience grow. Scripture helps redirect emotions and reduces unhealthy expressions of anger.



40%

BITTERNESS IN RELATIONSHIPS DROPS

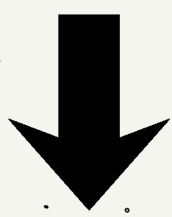
Time in God's Word encourages forgiveness, humility, and grace. As hearts align with biblical truth, resentment and bitterness toward others begin to decrease.



57%

ALCOHOLISM DROPS

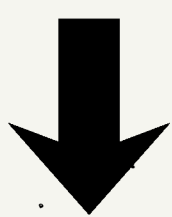
Consistent Scripture engagement strengthens conviction and self-discipline. Many people experience a dramatic reduction in destructive habits as their lives become anchored in God's truth.



60%

FEELING SPIRITUALLY STAGNANT DROPS

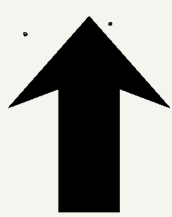
When people regularly read and reflect on the Bible, spiritual growth accelerates. God's Word renews perspective and restores a sense of purpose and momentum in faith.



60%

VIEWING PORNOGRAPHY DROPS

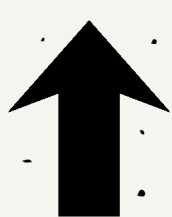
Scripture reshapes the mind and strengthens moral conviction. As people consistently engage with God's Word, harmful behaviors like pornography decrease significantly.



200%

SHARING YOUR FAITH JUMPS

People who regularly engage with Scripture grow in confidence and clarity about the gospel. This leads to a much greater willingness to talk about their faith with others.



230%

DISCIPLING OTHERS JUMPS

When followers of Christ are consistently in the Word, they naturally begin investing in others spiritually. Bible engagement multiplies the desire to mentor, teach, and disciple others.

